

Dear Community Member,

As a courtesy, Torrance Memorial Medical Center maintains a list of non-skilled home care service providers as a community resource. Although we provide this information, Torrance Memorial is unable to recommend any business not affiliated with the hospital.

The employees and volunteers of Torrance Memorial Medical Center support the institution's values of service, excellence, knowledge, stability, and community. To this end, we behave in a manner that reflects these values.

Service ~ We value service as our special ability to administer compassionate health care and support to people in need of assistance.

Excellence ~ We value excellence as the standard of performance for which we strive in the provision of health care services and in our relationships.

Knowledge ~ We value knowledge as an essential component critical to our work environment and to the care we provide.

Stability ~ We value stability as the foundation upon which a viable institution is maintained.

Community ~ We value community as the interdependent group of diverse people who are drawn together to provide services at Torrance Memorial Medical Center.

In accordance with these standards, we have established the following criteria that must be met by non-skilled home care service providers in order to be included on this resource list:

- * Must provide service in the South Bay
- * Minimum of 3 years in business under same business name (unless name changed due to business merger or acquisition with a franchise)
- * Proof of current business license
- * Proof of current liability & bonding insurance w/ minimum of \$1,000,000 per occurrence
- * Proof of current workman's compensation insurance coverage
- * Proof of current DSS license

NOTE: We practice primary source verification as a policy, and request to see original documents. From the original document, we make a photocopy which is kept on file.

The following agencies have met the above criteria.

Home Care Agency Resource List

NAME	ADDRESS	PHONE	DSS License	TYPE(S) OF HOME CARE SERVICE PROVIDED							Rate Per Hour See Facility	Affiliations		
				Companion Care	Homemaking Services	Personal Care Assistance	Skilled Care	Live-In Care	Transportation	Care/Case Management		CAHSAH (CA Assoc. for Health Services at Home)	HCACA (Home Care Asso. of America)	ABHC (American Board of Home Care)
Torrance Memorial Home Healthcare	3330 Lomita Blvd. Torrance, CA 90505	310-784-3739					X							
123 HOMECARE LA@123HomeCares.com	3407 W. 6 th St. #709 Los Angeles, CA 90020	310-361-8558 Fax 310-361-8559	194700189	X	X	X				X	Varies	X	X	X
24 hr Home Care Buddies bvillanueva.rn@gmail.com	3655 Torrance Blvd. #300 Torrance, CA 90503	310-756-5666 Fax 310-548-0100	194700148	X	X	X		X	X	X	Varies			
1Heart Caregiver Services www.southbay.1heartcares.com	18455 Burbank Blvd. Ste. 210 Tarzana, CA 91356	818-906-4441 Fax 818-924-4217	194700416	X	X	X		X	X	X	Varies			
AAA T.L.C. www.AAATLC.com	16133 Ventura Blvd #900 Encino, CA 91416	818-380-6585 Fax 818-905-9754	194700256	X	X	X	X	X	X	X	Varies			
A Peace of Mind Home Care www.apeaceofmindhomecare.com	4000 Palos Verdes Dr. N Ste 100 Rolling Hills Estates, CA 90274	310-377-3776 Fax 310-377-3779	194700393	X	X	X		X	X	X	Varies	X		X
ActivPlus Elderly Care	2230 W. Chapman Ave Suite 200 Orange CA 92868	800-414-0472 Fax 888-346-4032	304700204	X	X	X			X		Varies			
Always Best Care www.alwaysbesthomecare.com	21250 Hawthorne Blvd, Suite 500 Torrance, CA 90503	Office 310 792-8666 Fax 792-8686	194700137	X	X	X		X	X	X	Varies	X		
Always Right Home	3838 Carson Street, Suite 314 Torrance, CA 90503	310-316-8343 Fax 310543-5400	194700287	X	X	X					Varies			

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Amada Home Care www.amadaseniorcare.com	3812 Sepulveda Blvd, Suite 535 Torrance, CA 90505	310 953-0440 Fax 310 953-0442	194700154	X	X	X	X	X	X	X	Varies			
American All Care Services www.americanallcareservices.com	5150 Wilshire Blvd #360 Los Angeles, CA 90036	323-934-4749 Fax 323-965-8574	194700172	X	X	X	X	X	X	X	Varies			
American Geriatric Care Management www.Americangcm.com	22102 S. Normandie Ave Torrance CA, 90502	310-619-0940 Fax 424-271-7747	194700204	X	X	X		X	X	X	varies			
Amity In Home Care Services www.AmityInHomeCare.com	1360 West 6th Street San Pedro, CA 90732	310-514-1145 Fax 310-514-1144	194700368	X	X	X	X	X	X	X	Varies			
Angel Connection Nursing Service admin@angelconnectionservices.com	4401 Atlantic Avenue Suite 405 Long Beach, CA 90807	562-984-2714 Fax 800-876-9244	194700321	X	X	X	X	X	X	X	Varies			
Assistance In Home Care ramona@assistanceihc.com	21515 Hawthorne Blvd Suite 200 Torrance, CA 90503	424-306-2258 Fax 424-201-2201	304700029	X	X	X		X	X	X	Varies			
At Home with Care www.atomewithcare.com	2512 Artesia Blvd Suite 305 E Redondo Beach, CA 90278	310 798-2700 Fax 310-379-9868	374700137	X	X	X		X	X	X	Varies			
Attentive Home Care, INC www.attentivehomecare.com	2020 N. Broadway STE 300 Santa Ana, CA 92706	800-731-0071 Fax 714-245-0347	304700134	X	X	X		X	X	X	Varies			
Baby Boomers In-Home Companions LLC	316 West Carson St., Ste 203 Carson, CA 90745	310-618-4392 Fax 424-271-9306	194700361	X	X	X		X			Varies			
Blue Sea Care Services www.blueseacare.com	209 ½ Main Street Seal Beach, CA 90740	888-814-0119 Fax 888-814-0119	304700110	X	X	X		X	X	X	Varies			
Cambrian Homecare	5199 E. Pacific Coast Hwy Long Beach CA 90804	562-498-1800 Fax 562-498-1829	194700530	X	x	X				X	Varies	X	X	
Canaan Home Care	1400 Bristol Street North Suite 230 Newport Beach, CA 92660	213-254-3833 Fax 949-315-3432	304700021	X	X	X		X	X	X	Varies			

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CareNetLA www.caretla.com	23211 Hawthorne Blvd, Ste 200 A Torrance, CA, 90505	310-393-1282 Fax 310-373-8207	194700442	X	X	X		X	X		Varies			
Caring Heart Home Care	21151 S. Western Ave., Ste 265 Torrance, CA 90250	310-755-6521 Fax 310-755-2564	194700358	X	X	X	X	X	X		Varies			
Comfort Keepers www.Southbay-372.comfortkeepers.com	25124 Narbonne Ave Suite 102 Lomita CA 90717	310-325-6500 Fax 310-325-3560	194700042	X	X	X		X	X		Varies			
Davis In-Home Care Inc	2627 Manhattan Beach Blvd. Suite 204 Redondo Beach CA 90278	310-297-9127 Fax 310-297-9128	194700065	X	X	X		X	X		Varies			
Emerald Caregiving Agency	111 E. 220th Street Unit C Carson, CA 90745	310-847-6261 Fax 310-847-6293	194700291	X	X	X		X	X	X	Varies			
First Light Home Care of Southbay	3655 Torrance Blvd, 3rd Floor Torrance CA, 90503	424-704-5330 Fax 424-704-5331	194700131	X	X	X		X	X	X	Varies			
GNG Home Care Solutions	7933 Tallow Tree Circle Corona, CA 92880	626-310-0370 Fax 626-310-0569	334700076	X	X	X	X	X	X		Varies			
Homecare Professional Services Inc	418 E. 238th Street Carson, CA 90745	310-952-9830 Fax 310-952-9830	194700338	X	X	X		X	X	X	Varies			

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Home Instead Senior Care	3625 Del Amo Blvd #105 Torrance, CA 90503	310-542-0563 Fax 310-542-1534	194700227	X	X	X		X	X	X	Varies			
Joyful Care Caregiving Services, Inc	11428 E. Artesia Blvd. Suite 4 Artesia, CA 90701	562-402-1890 Fax 562-865-6453	197400246	X	X	X		X	X	X	Varies			
Luxucare	22939 Hawthorne Blvd., Unit 209 Torrance, CA 90505	310-373-8881 Fax 310-373-8882	194700518	X	X	X		X	X	X	Varies			

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Maxim HealthCare Services	3580 Wilshire Blvd, Ste. 1000 Los. Angeles, CA, 90010	866-465-5678 Fax 877-394-9406	194700171	X	X	X	X	X	X		Varies			
Morning Angel Home Inc. www.morningangelinc.com	3780 Kilroy Airport Way Suite 200 Long Beach, CA 90806		194700336	X	X	X		X	X		Varies			
Nurse Next Door	200 W. Center Street Promenade #200 Anaheim, CA 92805	310-415-3651	304700105	X	X	X		X	X		Varies			
Premium Home Care, INC www.Premiumcaregiving.com	158 N. Glendora Ave Unit O Glendora, CA 91741	866-914-0936	194700278	X	X	X					Varies			
Pro Regal Care/ Regal Senior Helpers	2310 S. Crenshaw Blvd Suite 101 Torrance, CA 90505	310-782-4728 Fax 310-325-6701	194700502	X		X		X			Varies			
RABBI STAR ASAP QUALITY CARE AGENCY LLC	500 E. Carson St., Ste 207 Carson, CA 90745	562-200-9100 Fax 424-225-4425	194700329	X	X	X	X	X	X	X	Varies			
Seniors Helping Seniors www.inhomecarela.com	8117 W Manchester Ave, Suite 727 Playa Del Rey CA 90293	Office 310-878-2045 Fax 310-997-2057	194700166	X	X	X		X			Varies			
Southern California Caregiving Svcs www.southerncaliforniacaregiving.com	3655 Torrance Blvd. 3rd Floor Torrance CA, 90503	424-477-5990 Fax 310-961-5900	194700522	X	X	X	X	X	X	X	Varies			
TLC HomeCare Services	14547 Titus Street Suite 108 Panorama City, CA 91402	818-849-6415 Fax 818-849-6408	194700275	X	X	X	X	X			Varies			
The Wright Home Care	6060 W. Manchester Ave. Ste. 113 Los. Angeles, CA 90045	310-301-0009 Fax 310-301-0004	194700431	X	X	X	X		X	X	Varies			
True Care Services www.truecareservicesca.com	17705 Hillsboro Place Santa Clarita CA, 91387	213-842-4951 Fax 661-360-9608	194700330	X	X	X	X		X	X	Varies			

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Visiting Angels	3510 Torrance Blvd #220 Torrance, CA 90503	424-772-6604 Fax	194700020	X	X	X		X	X	X	Varies			

*Licensed = For **non-skilled** home care agencies – “licensed” means the agency is a licensed business
 For **skilled** home **health** care agencies – “licensed” means the agency holds a current license with the CA Department of Health Services (DHS)

Bonded & Insured = The agency carries liability insurance to protect against unforeseen worker injury, and insurance to protect consumers if any act of theft is committed by an employee.

AFFILIATIONS

California Association for Health Services At Home (CAHSAH) is the leading statewide home care association in the nation and the voice of home care for the western United States. This organization is dedicated to being the preeminent source for advocacy, education and information reflecting the full diversity of the home care industry, and whose guiding core purpose is to promote quality home care and enhance the effectiveness of its members. www.cahsah.org

American Board of Home Care (ABHC) is a group whose mission is 1) to serve as a platform for unified action and the development of common, lawful standards of professional conduct among home care companies; 2) to promote the uniform enforcement of Labor Board regulations and other laws applied to the home care industry, ensuring a level playing field; 3) to promote legal and ethical business practices in the home care industry, to improve both industry standards and consumer confidence; 4) to educate governments, businesses and clients about the benefits of hiring home care companies that do business legally and ethically; and 5) to make a positive difference in the businesses of home care companies and the lives of the persons who rely on their services, particularly the elderly. The group

composes of companies that have been certified to carry Worker's Compensation Insurance for their caregivers, only provide caregivers that are employees of the company, and not provide "independent contractors" that are not covered by Worker's Compensation Insurance. www.abhc.info

*Understanding Home Care Services

It is typical for home care agencies to offer a wide range of services. You should contact the agency directly to discuss the specific needs you may have.

Descriptions of common services provided by home care agencies are shown below:

- ◆ **Companion care** - provides personal company and comfort to individuals who, due to medical or safety reasons, should not be left at home alone. Activities might include taking walks together, spending time reminiscing, or doing other such activities that the patient enjoys.
- ◆ **Homemaking services** - assist an individual by helping to take care of household needs. Services usually include household duties like laundry, meal preparation, general housekeeping, travel escort, assistance with running errands, and shopping.
- ◆ **Personal care services** - provide assistance with personal care needs and activities of daily living such as getting in and out of bed, dressing, grooming, bathing and toileting.
- ◆ **Skilled care services** - are those usually provided by health care professionals such as registered nurses, licensed practical nurses, or therapists (physical, occupational or speech therapists). Services are usually prescribed by a physician following a hospital stay from an acute experience such as a heart attack, a traumatic fall, broken hip, etc. Skilled care home services may be covered by insurance, and services are time limited based on medical need.
- ◆ **Care/Case Management** – provides an initial assessment of needs and creates a plan of care for the client. Care managers evaluate problems, identify solutions, arrange services, and provide ongoing oversight for the whole process of care. Services are often most helpful for those having difficulty with any aspect of elder care, dealing with multiple or complex care needs, or caring for someone who lives at a distance from them.
- ◆ ***Additional Resources:***

LOS ANGELES DEPARTMENT OF AGING- (800) 510-2020 OR (213) 482-7252

LONG-TERM OMBUDSMAN HOTLINE-(800) 334-9473 Hours: 9 am to 5 pm, M-F

24- HOUR STATE CRISIS LINE FOR LONG-TERM CARE FACILITIES- (800) 231-4024